ATTRACTION/ANTICIPATION/SATISFACTION:

ACT1:

How does the character get out of this mess?

ACT2:

Events integral to success or failure.

Interesting due to character overcoming formidable obstacles (personally or otherwise)

ACT3:

Resolves external problem, reaches worthy goal, relieves tension of 2.

BACKSTORY:

Do we REALLY (for continuation of story) need to know this information?

Can you get exposition across in action, so it isn't obvious it's back story.

INTERNAL NEED:

Commitment to a value that has been declared but never tested..

Inciting incident:

Nobody else can solve it but the main character..

External goal:

That what he believes will make life better..

Opposition:

The antagonist is stronger and has more resources. He defeats all the main characters attempts to usurp him until he is left with no resources EXCEPT HIMSELF.

Self revelation:

Gets to grips with the internal need. The audience realizes he has by what he DOES.